

# Government Post Graduate College, Ambala Cantt. Haryana

*Affiliated to Kurukshetra University, Kurukshetra, Haryana*



## **1. Title of the Practice: Environment Consciousness and Sustainability:**

### **Objectives of the Practice**

- To encouraged the students to participate in various green initiatives in order to foster an awareness of the environment.
- To make the students aware of the negative effects of climate change and global warming,
- To raise awareness among students about the benefits of using various green practices to reduce carbon emissions.
- To provide the necessary skills and knowledge to deal with significant environmental challenges.

### **The Context**

Numerous societies, clubs, and forums, including the NSS, YRC Club, NCC, and Eco Club, have been established in the college at the proposal of the IQAC. A dedicated group about fifty students works tirelessly to spread awareness of sustainable environmental issues both within and outside of the college grounds through the leadership of various clubs and societies. Aside from that, these cells and committees labor diligently to advance cleanliness and hygienic conditions. The University has mandated the Environment Education Course as part of the curriculum in order to raise students' awareness of the value of a clean and green environment.

### **The Practice**

By engaging the public in different eco-friendly activities, clubs like Eco Club work to raise awareness among the general public. With this dedication, these groups plan a variety of environmental-related events, including: Rallies, Door-to-Door campaigns, and recurring campus cleanliness campaigns, Tree Plantation Drives, Instructional Displays, and Slogan Writing both inside and outside the college. They also tag a few plants and trees for identification. On campus, there is a well-kept Botanical Garden maintained by the Department of Botany.

# Government Post Graduate College, Ambala Cantt. Haryana

*Affiliated to Kurukshetra University, Kurukshetra, Haryana*



Rallies teach kids teamwork and provide them the opportunity to confront real-life obstacles in the sweltering sun.

The institution's entrances now include energy-efficient AC units and LED lamps in place of the traditional illumination. The college's energy consumption has significantly decreased as a consequence of educational initiatives stressing the value and necessity of energy conservation. Furthermore, an operational rainwater collection system has been implemented to ensure appropriate handling and use of precipitation runoff.

The college possesses a well-documented policy on environmental and green issues, as evidenced by letter number. GCA/21/165 dated 12.01.2021 and letter no. GCA/21/145 dated 11.01.2021 on plantation policies.

Consistently employing persuasive strategies, such as planning awareness programs and door-to-door campaigns, aids in persuading staff and students about the negative effects of pollution, including poor air quality.

## **Evidence of Success**

Aware of the growing ecological imbalance, low air quality index, and associated health risks, the institution knows exactly what it has to do for society. We have been successful in educating, training, and enlisting our committed students in this ecological drive to create awareness and mobilize people for a worldwide cause. For this reason, students have been urged to take part in all college-level events as well as district-level contests. The effective handling of solid waste, the utilization of energy-efficient AC units and LED lights, and the collection of rainwater are other indications of the effectiveness of this approach at our college.

# Government Post Graduate College, Ambala Cantt. Haryana

*Affiliated to Kurukshetra University, Kurukshetra, Haryana*



## **Problem Encountered and Resources Required**

The length of the Environment Science course is a difficulty in fostering environmental consciousness in all of our students. It ought to be dispersed across three years. Aside from the somewhat ineffective plan design, other obstacles to properly accomplishing the aim include the financial limits, the deadlines for fulfilling various administrative obligations, and the effective delivery of the curriculum within the allotted time frame. The practical and theoretical aspects of the practice differ greatly from one another. We must apply for financial aid from a number of government organizations.

## **2. Title of the Practice: Community Service (2021-22)**

### **Objectives of the practice**

- To make our students understand the importance of helping our old generation by placing them in an old age home, we hope to raise awareness of the issues associated with aging and assist our students realize how important it is to support the elderly.
- Associating NSS volunteers to work with Pulse Polio Abhiyaan to inculcate in them the habit of working with ground realities of life.
- Involving students in socio-economic surveys to make them familiar with real socio economic picture of the villages
- Various awareness programmes on Drug De-Addiction conducted to enhance students' resilience and coping mechanisms to deal with stress, peer pressure, and life challenges without resorting to drugs.

### **The Context**

Our college is a supporter of academic brilliance, but it also strives for the holistic development of its students by involving them in a variety of community service projects. This helps the students grow into responsible, mature adults who can make their fair share of contributions to the general advancement of society. The main goal of education should be to direct our

# Government Post Graduate College, Ambala Cantt. Haryana

*Affiliated to Kurukshetra University, Kurukshetra, Haryana*



students's radiant energy in the right directions in order to produce the intended result: a mentally and physically fit, morally upright, spiritually sensitive, physically agile, and invincible human force that can meet and overcome any challenge that arises in any given period of time or place.

## **The Practice**

**Keeping the focus** on this aim, students of our college were inspired to participate in Special camp for Covid 19 vaccination. In the same aisle, our 20 NSS volunteers participated in Pulse Polio Abhiyan Training (25.9.2021) and field work. Our students attended the one day awareness workshop on Drug De-Addiction and Substance Abuse in collaboration with Indian Red Cross Society, Haryana State Branch, Chandigarh on 30.12.2021. Our students went out for a rally on Drug De Addiction and substance abuse in the local area on 30.12.2021. Special Cleanliness drive was organized to celebrate Guru Ravidas Jayanti as a Maha Safai Abhiyan on 14.2.2022.

To serve the society a Blood Donation Camp held in College on 30.5.2022. Our volunteers visit Old Age Home named 'Apna Ghar'. The purpose of associating our students with the older generation is to make them learn from their experiences the valuable lessons of life first hand and at the same time offering sense of gratitude, unconditional love and service to our older people. A Project report based on socio economic survey was prepared & submitted to the Geography Department. Socio-economic survey of village Khatoli, District Ambala conducted on 11/02/2022. M.Sc. Geography- final year 3<sup>rd</sup> semester total 35 students participated in the survey to collect data. To aware people about harmful effects of AIDS An awareness rally was organized in the college and adjoining area regarding World Health Day and AIDS on 13.4.2022 in which 50 students and 7 teachers were participated.

## **Evidence of Success**

Volunteers from different programs participated enthusiastically in the extension activities conducted under the guidance of different teacher in-charges. The success can be measured by the satisfaction level of both the teacher and student participants who felt real motivated and satisfied after all the service they could offer during these challenging times through their community service. They definitely emerged stronger and all the more determined beings to continue their efforts in future as well.

## **Problem Encountered and Resources Required**

The primary barrier was the psychology of individuals, which often poses a hitch in any endeavor. Overcoming this required reaching the subconscious level of individuals to encourage

# Government Post Graduate College, Ambala Cantt. Haryana

*Affiliated to Kurukshetra University, Kurukshetra, Haryana*



them to embrace the positive aspects of life. The college implemented this approach to successfully support and guide the community fostering a safer and healthier environment for all.